

Rom 12:1-2

1 I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, which is your reasonable service.

2 And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God.

(KJV)

Exod 16:22-31

22 Now it came about on the sixth day they gathered twice as much bread, two omers for each one. When all the leaders of the congregation came and told Moses,

23 then he said to them, "This is what the LORD meant: tomorrow is a sabbath observance, a holy sabbath to the LORD. Bake what you will bake and boil what you will boil, and all that is left over put aside to be kept until morning."

24 So they put it aside until morning, as Moses had ordered, and it did not become foul, nor was there any worm in it.

25 And Moses said, "Eat it today, for today is a sabbath to the LORD; today you will not find it in the field.

26 "Six days you shall gather it, but on the seventh day, the sabbath, there will be none."

27 And it came about on the seventh day that some of the people went out to gather, but they found none.

28 Then the LORD said to Moses, "How long do you refuse to keep My commandments and My instructions?"

29 "See, the LORD has given you the sabbath; therefore He gives you bread for two days on the sixth day. Remain every man in his place; let no man go out of his place on the seventh day."

30 So the people rested on the seventh day.

31 And the house of Israel named it manna, and it was like coriander seed, white; and its taste was like wafers with honey.

(NAS)

2 Tim 2:15

15 Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

(KJV)